

# ART THERAPY WITH PRISON INMATES: DRAWING TIME REDUX

BY: DAVE GUSSAK, PHD, ATR-BC

APRIL 1, 2011, 8:30 A.M.-5 P.M.

HERESA MAXIS ROOM, IHM CENTER, MARYWOOD UNIVERSITY

## REGISTRATION FORM

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

EMPLOYER \_\_\_\_\_

EMPLOYER ADDRESS \_\_\_\_\_

HOME PHONE \_\_\_\_\_

BUSINESS PHONE \_\_\_\_\_

E-MAIL \_\_\_\_\_

**REGISTRATION NUMBER:** #11118

### PROGRAM FEE INFORMATION:

- \$100 if paid by 3/25/11
- \$125 if paid after 3/25/11
- \$10 Marywood University Student Fee
- \$25 Student Fee (Outside of Marywood University)

### REGISTRATION FEE INCLUDES:

Program materials, light morning refreshments, and lunch.

**TOTAL AMOUNT DUE:** \$ \_\_\_\_\_

### INDICATE METHOD OF PAYMENT:

CHECK (payable to Marywood University)  
Amount \$ \_\_\_\_\_

CHARGE TO: \_\_Master Card \_\_Visa \_\_Discover  
Author. # \_\_\_\_\_  
3-Digit Security Code \_\_\_\_\_  
Expir. Date \_\_\_\_\_ Signature \_\_\_\_\_

BILL AGENCY Authorization letter must be attached. Agency registrations will not be processed without letter of authorization. I understand and agree that if, for any reason, my employer refuses payment, if I take leave of my present place of employment, or if I withdraw from the course after the 100 percent cancellation period, I will be responsible for the immediate and full payment of registration fees due.

*Any cancellation one week or more prior to a program will receive a 100 percent refund. No credit for billed or paid registrations will be given after the one-week deadline.*

### CONTINUING EDUCATION CONTACTS:

**JILL SCHROTH, DIRECTOR**  
570•340•6061  
JSCHROTH@MARYWOOD.EDU

**LINDA WRAZIEN, SECRETARY**  
570•340•6060  
LAWRAZIEN@MARYWOOD.EDU

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MASTER OF ARTS IN ART THERAPY PROGRAM

ART THERAPY *with*  
PRISON INMATES:

DRAWING TIME REDUX

APRIL 1, 2011 | 8:30 A.M.-5 P.M.





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### PROGRAM DESCRIPTION

*Art Therapy with Prison Inmates: Drawing Time Redux* will familiarize the participants with the theories and applicable techniques used in working with this difficult population. Participants attending this class will develop an understanding of the specific benefits of using art therapy with prison inmates, and will learn of the burgeoning research that supports this work.

The presentation will begin with a general review of how and why art therapy can be beneficial in the correctional milieu. The instructor will draw upon historical perspectives, various theoretical constructs, and his own experiences to explore with the attendees how and why art therapy benefits those who are incarcerated. This section will include a comprehensive overview of past and current research studies that the instructor has been conducting to evaluate the effectiveness of art therapy with the prison inmate. These sections will be interspersed with various art therapy directives found to be helpful with this population. This presentation will culminate in an overview of how art therapy was instrumental as evidence in a death row case in the Midwest.

The instructor's teaching philosophy is constructivist in nature, in that participants derive meaning from content, which bridges theory and practical applications. The environment is interactive while learning is stimulated through lecture, discussions, and art experientials.

### LEARNING OBJECTIVES

*Upon completion of this class, participants will:*

- Recognize the distinctive characteristics that art therapy offers in working with the aggressive and incarcerated client
- Understand the specific issues that art therapists in correctional settings may face
- Develop skills in providing specific art-based tasks through presented experiences and experientials, for the inmate client specifically, and to an aggressive and violent client in general
- Understand how such practice can inform research and how to establish research agendas based on experience
- Learn how research can, in turn, inform and propagate continuing practice

### PROGRAM OBJECTIVES

- To provide current Marywood University students, Art Therapy Alumni, Regional Teachers with an opportunity to expand develop an understanding of the specific benefits of using art therapy with prison inmates.
- Provide didactic and art-based experiential learning exercises related to specific art-based tasks through presented experiences and experientials used with the prison population.
- To promote awareness of the burgeoning research that supports working with the prison population.

### PROGRAM AGENDA

- 8:30 A.M. ▶ ▶ ▶ REGISTRATION
- 8:45 A.M. ▶ ▶ ▶ PROGRAM INTRODUCTION
- 9 A.M. ▶ ▶ ▶ DISCUSSION ON THEORETICAL PERSPECTIVES OF WORKING WITH THE INCARCERATED CLIENT - SPECIFICALLY FOCUSING ON THE BENEFITS OF ARTISTIC EXPRESSION AND ART THERAPY WITH PRISON INMATES - CONCLUDING WITH A DISCUSSION OF THE THEORY OF AGGRESSION.
- 10 A.M. ▶ ▶ ▶ EXPERIENTIAL BASED ON WORKING WITH THE CORRECTIONAL CLIENT
- 10:45 A.M. ▶ ▶ ▶ BREAK
- 11 A.M. ▶ ▶ ▶ REVIEW ARTWORK AND PROCESS THE EXPERIENTIAL RESULTS; BEGIN DISCUSSING RECENT AND CURRENT RESEARCH WITH THIS POPULATION
- NOON ▶ ▶ ▶ LUNCH
- 12:45 P.M. ▶ ▶ ▶ CONTINUING DISCUSSION OF RESEARCH WITH THE CORRECTIONAL POPULATION
- 2 P.M. ▶ ▶ ▶ EXPERIENTIAL BASED ON WORKING WITH THE CORRECTIONAL CLIENT
- 3 P.M. ▶ ▶ ▶ BREAK
- 3:15 P.M. ▶ ▶ ▶ REVIEW ARTWORK AND PROCESS THE RESULTS
- 4 P.M. ▶ ▶ ▶ BRIEF PRESENTATION ON ROLE AND EXPERIENCE AS EXPERT WITNESS FOR A DEATH ROW CASE
- 5 P.M. ▶ ▶ ▶ PROGRAM CONCLUDES

## ABOUT THE PRESENTER



DAVE GUSSAK, PHD, ATR-BC

Dave is an associate professor and chairperson for The Florida State University, Department of Art Education and Clinical Coordinator for the Art Therapy Program. Dave serves as editor on the editorial board for the AATA Journal. He recently concluded his term as Treasurer and Executive Committee Member on the Board of Directors for the Art Therapy Credentials Board. He has also been an adjunct and visiting professor for several art therapy programs across the United States.

Presenting internationally, nationally and regionally, Dave focuses on such topics as art therapy in forensic settings, working with aggressive and violent clients, and professional issues of the art therapist. Dave is the co-editor and contributing author for the book *Drawing Time: Art Therapy in Prisons and Other Correctional Settings*, is currently in the middle of his latest book project, and has published articles on forensics and art therapy; art therapy and computer technology; and the work of the art therapist. His studies on the benefits of art therapy in prison settings continue, and have expanded to encompass female inmates as well. In the summer of 2007, he was asked by the Florida Department of Corrections to help develop and chair the new Florida Arts in Corrections program; he stepped down from this position in August 2008, remained active on its board until it was suspended due to budgeting issues in 2009. He also co-edited the book *Art Education for Social Justice* with Dr. Tom Anderson, Dr. Kara Hallmark, and Allison Paul.

## WHO SHOULD ATTEND?

- ART THERAPISTS
- EDUCATORS
- SOCIAL WORKERS
- COUNSELORS
- PSYCHOLOGISTS
- PROFESSIONALS SEEKING INFORMATION IN THIS FIELD

## CONTINUING EDUCATION CREDITS

**ART THERAPISTS** – American Art Therapy Association Approved 7.0 CEC's. Approval number 11-04.

**EDUCATORS** – This program is approved for seven (7) ACT 48 professional development hours for Pennsylvania educators.

**SOCIAL WORKERS** – This program is approved for seven (7) continuing education hours for social workers applicable toward NJ/PA/LSW licensure renewal.

**COUNSELORS** – Marywood University is recognized by the National Board of Certified Counselors to offer continuing education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines. Seven (7) hours.

**PSYCHOLOGISTS** – Marywood University is approved by the American Psychological Association to offer continuing education for psychologists. Marywood maintains responsibility for this program. Seven (7) hours.

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