# Wellness and Health Promotion Committee

## Annual Report for 2005 - 2006

**Members**

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| Director of Student Health Services | Ms. Carmel Williams (Chair) |
| Coordinator of Disability Services | Mr. Christopher T. Moy |
| Director of Counseling and Student Development | Dr. Jacklyn R. Leitzel |
| Director of Athletics and Recreation | Dr. Mary Jo Gunning |
| Director of Housing and Residence Life | Ms. Andrea DiMattia |
| Director of Human Performance Lab | Dr. Kenneth W. Rundell |
| Chief of Safety and Security | Mr. Joseph Ross |
| Faculty representative of Art Therapy | TBA |
| Faculty representative of Health and Physical Education | Ms. Shelby Yeager |
| Faculty representative of Music Therapy | TBA |
| Faculty representative of Nursing & Public Administration | Dr. Sue Perdew |
| Faculty representative of Nutrition and Dietetics | Dr. Marianne E. Borja |
| Faculty representative of Physician Assistant Program | Dr. Karen E.Arscott |
| Faculty representative of Social Work | Dr. Doris Chechotka-McQuade |
| Faculty representative of Speech-Language Pathology | TBA |
| Student representative of Art Therapy | Lynette Thick GR |
| Student representative of Health and Physical Education | Mary E. Schelble '06 |
| Student representative of Music Therapy | TBA |
| Student representative of Nursing & Public Administration | Alicia Andreozzi '06 |
| Student representative of Nutrition and Dietetics | Elizabeth S. Richmond '07 |
| Student representative of Physician Assistant Program | Cheryl Bessoir GR |
| Student representative of Social Work | Melanie J. Nolan '07 |
| Student representative of Speech-Language Pathology | Kelly Chunko GR |

**Meetings**

The committee met twice in the fall.

**Accomplishments**

- The committee reviewed the Clean Air Policy before and after amendments were made and unanimously endorsed the policy as written.
- With several wellness initiatives occurring simultaneously, the committee endorsed the Wellness Walk progra "Set Your Own Pace." .
- As in past years, the committee supported and promoted the Fitness Challenge in the spring.The committee co-sponsored the Health Fair in November and the Fitness Challenge in March.

**Submitted by**

Carmel Williams, R.N., B.S.N.
Chair, Wellness and Health Promotion Committee

May 12, 2006