

Marywood  
UNIVERSITY

Office of Conference and Event Services  
LLI, Senior Program  
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Marywood  
UNIVERSITY



Fall 2009

LIFELONG LEARNING INSTITUTE

**SENIOR PROGRAM**

Class & Trip Schedule for **September-December 2009**

## CLASS OFFERINGS, FALL 2009

### *Digital Photography*

Learn digital photography hands-on while enjoying the beauty of Marywood's campus and also, exploring what makes a beautiful photograph. Not only will we dig into the f-stop, shutter speed, and ISO settings, we will understand their importance. Bring your cameras and manuals, and let's have a great time.

Mary Ann Capone

Wednesdays, September 23, September 30, and October 7

9:30-11:30 a.m.

Swartz Center

Members \$50 Non-members \$70

### *Tour Byzantine Icons*

Come take a guided tour of the beautiful icons in St. Mary's Church in Scranton. We shall have an overview of the many Rites of the Catholic Church, followed by a focus on the Byzantine Catholic Church (also called the "Greek Catholic Church") and an explanation of icons and their meaning.

Fr. Francis (Frank) Twardzik, SDB

Thursday, September 24

10:30 a.m.

St Mary's Church

310 Mifflin Ave, Scranton, PA

Members \$30 Non-members \$50

### *Mary in Art and Poetry*

Using poetry, Sister Cor will trace the life of Mary, a woman of great trust in God's love and providence. Accompanying the poetry will be images of artists' renderings - both traditional and contemporary - depicting each period of spiritual growth and understanding in Mary's life.

Sr. Cor Immaculatum Heffernan

Tuesday, September 29

2-3:30 p.m.

Swartz Center

Members \$30 Non-members \$50

### *Beer in Scranton!*

This class is a history of the brewing industry in Scranton, Pennsylvania, from the colonial period until the demise of the last brewery in 1954. This history includes a brief description of the various breweries such as E. Robinson, Casey & Kelly, Anthracite, Keystone, Standard, Lackawanna, and others. Also included will be an overview of breweriana collectibles encompassing trays, bottles, coasters, foam scrapers etc.

Nicholas Petula

Thursday, October 8

2-3:30 p.m.

Swartz Center

Members \$ 30 Non-members \$50

place at the Central Moravian church. There will be opportunities for shopping and dining on Main Street and at the Christkindlmarkt. The Christkindlmarkt is held in heated tents and features work by the nation's finest artisans, live holiday music, delicious food, and more. The day will conclude with a "Bethlehem by night" bus tour. A guide will direct the scenic tour of the lights of the city and heritage of the town.

Friday, December 4

Bus departs Marywood at 8:15 a.m.

Lunch at Noon.

Return to Marywood approximately 8:30 p.m.

Members \$100 Non-members \$120

## FOR YOUR INFORMATION

### THINGS TO TAKE ADVANTAGE OF ON CAMPUS ▶ ▶ ▶

#### *Auditing College Courses*

Pursue your interest in academics without the stress of exams.

Call Sue Reilly at 348-6292 for the details

#### *Meet the Author - Scranton Reads*

Tim O'Brien, author of THE THINGS THEY CARRIED

Thursday, October 29, 7p.m.

LaTour Room, Nazareth Hall, Free

#### *Water Aerobics*

Marywood University Pool

Lisa Walsh

Mondays and Wednesdays (Starting August 31), 6 p.m.

Admission \$2/class

Call Athletic Department at 961-4724 to confirm

#### *Join the Marywood University Recreation Association*

Membership in the LLI entitles you to a discounted semi-annual membership to the fitness facilities. You can use the walking track, treadmills, and weight equipment, or sign up for a class.

Call 348-6292 for details.

### **Please fill out the registration form and mail with payment to:**

**Marywood University  
Office of Conference and Event Services  
Lifelong Learning Institute, Senior Program  
2300 Adams Avenue  
Scranton, PA 18509**

Marywood University, in accordance with applicable provisions of federal law, does not discriminate on grounds of race, color, national origin, sex, age, or disability in the administration of any of its educational programs or activities, including admission, or with respect to employment. Inquiries should be directed to Dr. Patricia Dunleavy, Assistant Vice President for Human Resources, Coordinator for Act 504 and Title IX, Marywood University, Scranton, PA 18509 1598. Phone: (570) 348-6220 or e-mail: [dunleavy@marywood.edu](mailto:dunleavy@marywood.edu).

## TRIP OFFERINGS, FALL 2009

### *St. John the Divine and The Cloisters*

NEW YORK CITY

Tour the largest cathedral in the world! The statue of Liberty would fit comfortably under the central dome of New York's Cathedral Church of Saint John the Divine. Learn about the history of this great sacred space from 1892 to the present. Experience the magnificent Rose Window and see how successive styles of architecture are reflected in its construction. After lunch on your own (a list of area restaurants will be provided), the group will head to the Cloisters, the branch of The Metropolitan Museum of Art devoted to the art and architecture of medieval Europe. A fine dining experience at the Exchange Restaurant in Rockaway, NJ is planned for the way home.

Tuesday, September 22

Bus departs Maywood at 8 a.m.

Dinner at 6:30 p.m.

Return to Marywood approximately 9:30 p.m.

Members \$100 Non-members \$120

### *Yuengling Brewery*

POTTSVILLE, PA

Tour the Brewery! See where they make the great tasting brew! The group will also tour the Yuengling Mansion operated by the Schuylkill Council for the Arts. Lunch will be served at Maroon's Sports Bar and Grill. After lunch, Mark Major will make a presentation on the Molly Maguires. Many historians believe the "Mollies" were present in the anthracite coal fields of Pennsylvania in the United States from approximately the time of the American Civil War until a series of sensational arrests and trials in the years 1876-1878. Mid-afternoon the group will head to Jerry's Classic Cars and Museum. Step back in time to the glory days of the 50's and 60's classics. Enjoy antique cars and thousands of collectible items.

Wednesday, October 14

Bus departs Marywood at 9 a.m.

Lunch 1:30 p.m.

Returns to Marywood approximately 6 p.m.

Members \$65 Non-members \$85

**Requirement for Brewery Tour: CLOSED SHOES ONLY, NO OPENINGS**

### *Christmas Trip*

BETHLEHEM, PA

Kick off the holiday with a trip to the Christmas City! Start your day at the Banana Factory. This award winning arts and cultural center displays information on Bethlehem's past and features 28 studio artists, including a glassblowing studio. We will tour the exquisite Cathedral Church of the Nativity. This Episcopal Church held its first service on Christmas 1864. An elegant buffet lunch will be served at the historic Hotel Bethlehem. An afternoon performance of an Old-Fashioned Moravian Christmas will take

### *How to Talk to Doctors*

A visit to the doctor's office can cause feelings of nervousness or fear. Your physician is often busy, and, after waiting to see your physician, you have only a few moments to discuss your care. This informal presentation will provide you with some helpful hints for getting the most out of your visit with your physician and the plan of care that your physician will recommend in order to ensure your health and well-being.

Julie Nardella, MSN/ED, RN

Wednesday, October 21

6 p.m.

A healthy light dinner will be served

Swartz Center

Members \$ 35 Non-members \$55

### *St. Paul's Lesser Known Letters*

This course will focus on some of St. Paul's lesser known letters-Philippians, Ephesians, and Galatians. Students will enjoy a chance to see Paul's theology as well as his inner thoughts. No prior scripture knowledge is needed. Students are asked to bring their own Bibles.

Father Cyril Edwards

Monday, October 26, and Thursday, October 29

2:30-4 p.m.

Swartz Center

Members \$ 40 Non-members \$60

### *Russia!*

Remember the beautiful scenes in Dr. Zhivago? Now explore the best of Russia in this exciting presentation. Learn about the people, as well as their culture, food, art, and music. Joe Michalczyk will share highlights of his recent river cruise between Moscow and St. Petersburg, and Marion Hubiak, a former Russian teacher, will draw from her many student exchange programs in Russia. A light dinner buffet will precede the presentation.

Joseph Michalczyk

Tuesday, October 27

6 p.m.

Swartz Center

Members \$35 Non-members \$55

### *RELAX! What does that mean and how do you do it?*

Normal life transitions for seniors can create both good and bad stress. Stress levels can affect health, relationships, and mental clarity. Specific everyday techniques to avoid stress when possible, as well as techniques to teach the mind and body to relax will be presented.

Marilyn W. Deutsch, Ph.D.

Wednesday, October 28

10 a.m.-Noon

Swartz Center

Members \$ 30 Non-members \$ 50

### ***Frances Slocum: Child of Two Americas***

Frances Slocum, a white child of the American Revolution, was stolen by the Delaware Indians from her Quaker family on Nov 2, 1778, and was not reunited with them for nearly 60 years. The story of her life will be presented in this documentary on the anniversary of her kidnapping. An opening presentation will be given by the producer.

Bill Bachman

Monday, November 2

7:30 p.m.

Comerford Theater, Center for Natural and Health Sciences

Members \$ 5    Non-members \$ 10

### ***Why So Many Churches?***

Did you ever wonder where all the different Christian churches came from? In this class we will explore some church history from Pentecost to the present and also learn about the many different varieties of Christianity in the U.S., as well as the relationship of that reality with its origins in U.S. history. Why was the American Revolution also called the "Presbyterian revolt." Why do some traditions wave their hands in the air to pray while others kneel or stand? Why are there so many different styles of worship? These questions will be explored as well as any others that you bring.

Rev. Virginia Miner

Wednesdays, November 4 and November 11

10 a.m.-Noon

Swartz Center

Members \$ 30    Non-members \$50

### ***Great Comedies of Jimmy Stewart***

Jimmy Stewart was one of Hollywood's best and most versatile actors. A Pennsylvania native, he won the Academy Award for Best Actor, received a special Academy Award and received the American Film Institute's Life Achievement Award. This course will examine three of his finest comedies: The Philadelphia Story(1940), The Shop Around the Corner(1940), and Harvey (1950).

Peter Chapla

Wednesday, November 4; Tuesday, November 10; and

Tuesday, November 17

7 p.m.

Comerford Theater, Center for Natural and Health Sciences

Members \$ 30    Non-members \$50

### ***Soup!***

Soup is one of the best ways to introduce people to the genius and chemistry, that is the magic of cooking. Come join Chef Caputo for a class on hearty fall soups. Watch his technique in our beautiful cooking demonstration lab. Taste his creation! Class size is limited to 20.

Chef Joseph Caputo

Monday, November 9

2:30-4:30 p.m.

O'Neil Center for Healthy Families

Member \$30    Non-member \$50

### ***Holiday Entertaining***

'Tis the season to be jolly! Gather your friends and family, and share some holiday cheer with these entertaining ideas. Taste test sparkling wines! Know how to shop for them. Learn how to make a mulled wine to celebrate the warmth of the season. Learn and taste test what foods to pair with these different offerings. Tom will also help you create a festive atmosphere with great ideas for holiday decorations.

Tom Notchick

Monday, November 16

6-8 p.m.

Swartz Center

Member\$ 40    Non-member \$60

### ***Craft - Holiday Swag***

Create a swag or centerpiece using artificial and fresh greens and flowers. Learn how to utilize an artificial medium with fresh to produce a piece that can be used on mantles, in dining rooms, or on buffet tables. Students should bring scissors and wire cutters. Other supplies provided by instructor. Class size limited to 12.

Berne McDonald

Tuesday, December 1

10 a.m.-Noon

Swartz Center

Members\$ 40    Non-members \$60

### ***Holiday Luncheon***

Wednesday, December 9

12-2 p.m.

Swartz Center

Members \$15    Non-members \$20