



CSD Newsletter



March 2009

The next **Speech and Hearing Club** meeting will be held April 1, 2009 at 2pm in McGowan Room 2001.

Spring Clinic Party

Friday, April 3rd from 3:30-5:30

Kristie Meehan is the chair for this event. Please email her with ideas for activities or if you are interested in being a co-chair.

(kmeehan@m.marywood.edu)

*Sign-ups will be posted on the bulletin board to help with snacks, set up, clean up or being a buddy.

Kidstuff is being held on Saturday April 4th. The theme is Wizard of Oz. Sign-up on the bulletin board to volunteer at the CSD booth.

Please see or email Nina if you have any activity ideas for the CSD booth. (ndepalma@m.marywood.edu)

Raffle Ticket Sale

Please sign up on the club bulletin board to help sell tickets on campus *March 11th, 12th, and 16th*.

Tickets will be distributed in classes *March 23rd* and are due *April 14th*.

**Prizes will be:

- \$100 Wal-Mart gift card
- \$50 Olive Garden/Red Lobster gift card
- \$25 Dunkin Donuts gift card

CSD department dinner is being held Friday, April 24th from 3:30-5:30.

More information to come.

THANK YOU to everyone who volunteered and participated in the Coldstone fundraiser to benefit HeadStart!

The club is hosting **Speech and Hearing Day** on *March 11th from 12-2pm* in the Fireplace Lounge. Volunteers are needed to help with informational poster boards on child language.

Contact Nina DePalma if interested



IN THE EYES OF...

A Freshman...

It's the halfway point in our second semester as freshmen. It's hard to believe our first year is almost over! The anatomy class is challenging, so be sure to stay on top of all your muscles! But it is fun to watch Mrs. Novak play with the super-sized larynx! Our speech class never goes without a few jokes! But while we are laughing we are learning and that to me is the best way! Good luck on your midterms, and hope everyone had a FABULOUS spring break!

Sonni Lyons

A Sophomore...

It's hard to believe that the first month of the semester has come and gone. We have all been working hard preparing for our busy semester. In Hearing Science we have been learning about how the ear works. We just completed our first exam on the anatomy of the ear. In Dr. Ramachandra's class we are working on abstracts of different articulation disorders. In the coming weeks we will be picking topics for our papers and presentations. In Language Disorders in Children we are beginning to work on our language sample analysis projects. Over the past couple of weeks those students in sign language have had to be deaf for a day. During this time they had to wear ear plugs for the entire day only communicating through sign and lip reading. With the second month of the semester done, we all enjoyed our much needed spring break!

Jen Murphy

A Junior...

So far, this spring semester has been going well as we learn more

about becoming first time clinicians this summer. In Clinical Methods we are getting into the bulk of the material as we learn how to write behavioral goals, learn how to use cues/prompts and models and then apply the information we have learned in the past two and a half years of our college careers. We are using what we learned in class and applying it while observing in the clinic, each week on the specific subjects we are focusing on in class. Aural Rehab is going very well. We are learning more about ALDs and different hearing aids that people can choose from. In Special Topics, with this being the first time for this class, we are ranging out into different disorders and have a chance to research topics that we are interested in and then teach the class about what we found. We are all getting excited about getting closer to our summer sessions working with clients.

Hoping everyone is having a wonderful semester and that everyone had a fun and safe spring break.

Kelly Grunstra

A Senior...

The senior class is busy with clinic, classes, and preparing for grad school. Clinic has gotten off to a great start. Now that we are a few weeks in, the clinicians are more familiar with their clients and the clients are into the swing of things. Most of us are taking Aural Rehab, in which we just had our first test. The rest of our classes are scattered across the board. I think the main focus of everyone right now is hearing about grad schools! The Audiology gals have already started to hear, but as for the speech ladies, we are still anxiously waiting. Congratulations to those who have already heard from schools and good luck to those who are still waiting!!! Hope you had a great Spring Break!

Marissa Ruda

Professional Phase 2...

The semester is flying by and it is hard to believe spring break has just finished. We are all enjoying therapy with our clients. Those of us who are taking diagnostics are learning how to evaluate clients and recommend appropriate treatment. In Family Systems and Counseling, we are learning about different counseling strategies and a variety of cultures. In Artic and Phonology, we are learning about treatment techniques and phonological processes. In Adult Neurogenic Speech Disorders, we are learning about the different types of dysarthria and their causes. In Pediatric Neuromotor Disorders, we are learning about treatment of disorders in young children. In Research Methods, we are reviewing research articles to become familiar with current research types and techniques. Have a great month, everyone!

Joy Festa

Professional Phase 1...

We're all about a month into our final placements, and I know for most of us, it's a big difference from our last placement! This was also a big month for us because we just took our comprehensive exam. We have all been studying hard for the past few months for this one test, and as we wait for our results, we are all hoping our hard work has paid off. It's great to think how hard we have worked in the past year and a half, and it feels so good to know we made it through the tough classes and late nights. We've also begun to reflect on what settings we'd like to work in and getting our resumes and applications in order. It's so strange not to see each other every day, but we are very excited- we're about to enter the real world!

Rachel Pollock

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Happy Birthday Wishes!

- March 2nd: Nausheen Nazia (freshman)
Danielle Boucher (freshman)
- March 3rd: Rachel Pollock (2nd year grad)
- March 5th: Joy Festa (1st year grad)
- March 6th: Nina DePalma (senior)
- March 8th: Patrice Christensen (freshman)
- March 19th: Christina Salvo (freshman)
- March 21st: Bryna Rickenback (senior)
- March 22nd: Nicole Drucker (junior)
Laura Wagner (junior)
- March 23rd: Keith Albright (pre-req)
- March 24th: Rebecca Masko (2nd year grad)
- March 26th: Heather Buck (2nd year grad)
- March 30th: Tanisha Dorner (freshman)

CONGRATULATIONS on being named to
the Fall 2008 CSAC All Academic Team:
Lauren Rustad (freshman) - Cross Country
Kaitlyn Miller (junior) - Soccer
Emily Fillman (freshman) - Volleyball

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Sudoku

This puzzle uses energy source symbols for biomass, coal, geothermal, hydropower, natural gas, petroleum, solar, uranium and wind.

To solve the puzzle, each 3x3 region of the grid must contain only one source symbol. Each row and each column of the puzzle must contain only one energy source symbol. There is only one solution. Good luck!



Junior CSD student Christina Mastrolemba is lucky enough to be studying abroad this Spring semester in Spain! We were able to catch up with her and have her tell us about her adventure.

Hola CSD! I am writing from Granada, Spain and I wanted to tell you guys about my experiences here over the past month. Besides missing Marywood and everyone in CSD, I am having a wonderful time here in Spain! I want to share some thoughts about everyday life here, the culture, the language, and how it all relates to speech-language pathology (of course!)

Everyday Life

It may have taken a while, but I think that I am finally adjusted to the Spanish lifestyle. It is so amazing to think how life can be so different from what you are used to! One challenge was getting accustomed to the time changes in eating and sleeping. We eat lunch around 2pm, which is then followed by a three hour siesta where everything closes and people return home for a nap. Being that the MU dining hall closes at 7pm, it was also very difficult for me to adjust to eating

dinner after 9pm. Once I adapted to these changes, however, it was very satisfying to see that I had started to transition into this exciting and unique way of life!

Language Barriers

At the beginning of my trip, learning the Spanish language seemed to be one of the most difficult challenges of my life, especially in Granada where everyone speaks with a very strong lisped accent; I felt as though I could never understand it. However, after a month of being fully immersed in Spanish classes, living with a host-mom, and making many new Spanish friends, I feel a lot more comfortable speaking and writing the language. It is very interesting to hear the differences between English sounds and the sounds of Spanish. Hopefully by the end of May I will be speaking more confidently and with the true "Granadian lisp"!

La Cultura

The culture of Spain is definitely very different from that of the U.S. One of the most obvious differences for me from the beginning was their very relaxed, slower-paced way of life. I feel as though I am always rushing past people on the streets as they stroll along the sidewalks, absorbing the scenery around them. It seems as though people take time out of their days to enjoy the simple things, which I am certainly learning to do since I am living in such a new and beautiful place! Also, punctuality is not as important here as it is at home. My teacher is five minutes late to class almost every day and he apologizes, but he always has to finish his coffee! Another interesting variation in Granada is that "coffee/food-to-go" does not

exist. People feel as though they should take 15 minutes out of their day to enjoy their food and coffee. This idea seemed crazy to me coming from a world where at least one meal is consumed on the run, but it has become a very nice tradition to follow.

SLP unites the world

My favorite part about studying abroad is realizing that communication is one of the most important parts of life. Not being able to speak English in most situations has taught me to implement other means of communication like body language, facial expression, gestures, even sometimes writing and drawing! I have truly come to understand and appreciate the significance of our major and how powerful it is to try and help people regain or improve their communication. I was very lucky to meet a woman named Marisa, who is a SLP here in Granada. We talked about her work with kids but she also specializes in adults with aphasia (I told her all about Dr. Bisset and our adult disorders class!) She said that I could observe her in the clinic and I think that I am going to start next week!

Studying in Spain has been an amazing experience thus far as I believe that it has only confirmed my choice of speech-language pathology as a future career. Submersing yourself in another culture for any period of time is a great way to become more aware of the differences between people, languages, and communication and it will only improve our relations with diverse clients in the future. I can't wait to see all of you soon and I hope that everyone is having a great semester so far! Adios!