Scranton, PA (March 2, 2020) — Dear Marywood Students, Faculty, and Staff:

As we continue to monitor the 2019 Novel Coronavirus, we are writing to once again encourage you to be smart regarding spring break travel plans. The Centers for Disease Control has released a [Spring Break Travel Website](#). In light of the outbreak, the CDC is currently recommending all travelers avoid nonessential travel to China, Iran, South Korea and Italy. In addition, the entry of foreign nationals from China and Iran has been suspended.

The CDC has provided recommendations on postponing or canceling travel. These are called travel notices and are based on assessment of the potential health risks involved with traveling to a certain area. A list of destinations with travel notices is available at [CDC and Prevention for Travel](#).

If you travel, take the following routine precautions:

- Avoid contact with sick people.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Clean your hands often by washing them with soap and water for at least 20 seconds or using an alcohol-based hand sanitizer that contains 60%-95% alcohol. Soap and water should be used if hands are visibly dirty.
  - It is especially important to clean hands after going to the bathroom; before eating; and after coughing, sneezing or blowing your nose.

**Symptoms & Testing**

Current symptoms reported for patients with COVID-19 have included mild to severe respiratory illness with fever, cough, and difficulty breathing. Read about [COVID-19 Symptoms](#).
Call your healthcare professional if you feel sick with fever, cough, or have difficulty breathing, and have been in close contact with a person known to have COVID-19, or if you live in or have recently traveled from an area with ongoing spread of COVID-19.

Your healthcare professional will work with your state’s public health department and CDC to determine if you need to be tested for COVID-19.

Student Health Services is maintaining direct communication with the Pennsylvania Department of Health and other officials sharing information and resources. As of Monday, March 2, 2020 there are no confirmed cases of novel coronavirus in our region.

Thank you for your continued attention to this matter.

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