

## IT'S ON US WEEK SCHEDULE OF EVENTS

The "ITS ON US" campaign invites all of us to step up and take part in the prevention of relationship violence and sexual assault.

### **Monday, Oct 18th**

#### **Sweet Information: 10:00 AM - 1:00 PM – Outside/Learning Commons (LC Lobby/Rain Location)**

Come visit us outside, in front of the Learning Commons, to pick up a sweet treat and some important It's On Us information! Art therapy will be available to explore creative writing, expression, and self-love poem. Participation earns students one raffle entry for the giveaway!

### **Tuesday, Oct 19<sup>th</sup>**

#### **Because I Love You Workshop & Discussion: 7:00 PM - 9:00 PM Swartz Room B**

Words matter. Phrases like "because I love you" hold a lot of power in relationships and can be used for manipulation and control. This film and discussion encourage students to reflect on how words can be used as control tactics in unhealthy relationships. Small group discussions, led by trained students, will follow the film. Discussion participation earns students one raffle entry for the giveaway! Come a little early to make self-love trading cards with Art Therapy! Participation earns students one raffle entry for the giveaway!

### **Wednesday, Oct 20<sup>th</sup>**

#### **Healthy Communication Activity & Education: 11:00 - 1:00 PM Outside of Learning Commons (Rain Location: LC Lobby)**

Friendships MATTER: *Rarely has a relationship developed without its growth pains.* Join us at the learning commons for some fun activity with chances to win gift cards, t-shirts, and other prizes. Information and goodies will be available as we celebrate how healthy communication works when we work at it. Join Art Therapy to promote positivity and togetherness in a creative way! Participation earns students one raffle entry for the giveaway!

### **Thursday, Oct 21<sup>st</sup>**

#### **Bystander Engagement Workshop: 7:00 PM - 9:00 PM (Virtual)**

"It's On Us" means we have to SHARE in the responsibility for the safety of the Marywood campus community. We can accomplish this through Bystander Engagement. The C/SDC, joined by Marywood University Health Services, Dean of Students, Title IX Coordinator, and the Lackawanna County Women's Resource Center, will host a showing of the film *Intervene* along with a presentation by Marywood C/SDC peers. An interactive dialogue will follow on Zoom discussing ways students can safely intervene in an act of violence or the acts leading up to violence. Students will engage in scenarios that are based on real-life situations faced by students across the nation. Participation earns students one raffle entry for the giveaway!

### **Friday, Oct 22<sup>nd</sup>**

#### **It's On Us Pledge and Q&A: 10:00 AM - 2:00 PM (Learning Commons)**

Be Part of the Solution. Spin the wheel for a chance to win prizes along with taking the "IT'S ON US" pledge to prevent campus sexual assault! Each student signature earns one raffle entry. Join our Art Therapists to create origami boxes to promote ways of self-care and fill with positive affirmations.

#### **Virtual It's On Us Pledge and Virtual Bingo: 5:00 PM - 7:00 PM (Virtual)**

Be Part of the Solution. This is the chance to take the "IT'S ON US" pledge virtually. Please join us for the virtual pledge along with the virtual Bingo on Healthy Relationships. Participation earns one raffle entry and chances to win prizes by winning the Bingo!

There will be one giveaway per day for It's On US Week. Giveaway winners will be announced via email on Monday, October 25th!