

## LUZERNE EXERCISE SCIENCE TO MARYWOOD HEALTH & PHYS ED: EXERCISE SCIENCE

<b>Fall Semester</b>					
LCCC Course	Cred	Course Title	MU course	Cred	Notes
ENG 101	3	English Composition	ENGL 160	3	
FYE 101	1	First Year Experience	UNIV 100	1	
HPE 152	3	Intro to Physical Education	HPE 160	3	
n/a	1-3	HPE elective	n/a	1-3	recommend: HPE 129, HPE 106, or HPE 125
n/a	3	Math elective	n/a	3	recommend: MATH 107
PSY 103	3	General Psychology	PSYC 211	3	
<b>Term Total:</b>	<b>13-15</b>		<b>Term Total:</b>	<b>13-15</b>	

<b>Spring Semester</b>					
LCCC Course	Cred	Course Title	MU course	Cred	Notes
HIS 201/202	3	Am History to/since 1865	HIST 252/253	3	History transfer (core curriculum)
HPE 151	3	Planning & Organization for Phys Ed	HPE 424	3	
HPE 154	3	Safety and First Aid	HPE 130	3	
n/a	1-3	HPE elective	n/a	1-3	recommend: HPE 244: Coaching of Sport (3 credits)
n/a	3	Science elective	n/a	3	recommend: CHE 121
<b>Term Total:</b>	<b>13-15</b>		<b>Term Total:</b>	<b>13-15</b>	

**Sophomore Year at Luzerne County Community College**

<b>Fall Semester</b>					
LCCC Course	Cred	Course Title	MU course	Cred	Notes
BIO 135	4	Anatomy & Physiology I	BIOL 121/121L	4	
ENG 102	3	Advanced Composition	n/a	3	general elective
HPE 155	3	Personal Health	HPE 380	3	
n/a	1-3	HPE elective	n/a	1-3	recommend HPE 263: Intro to Nutrition (3 credits)
n/a*	3	Social Science elective	n/a	3	recommend PHIL 150
<b>Term Total:</b>	<b>14-16</b>		<b>Term Total:</b>	<b>14-16</b>	

<b>Spring Semester</b>					
LCCC Course	Cred	Course Title	MU course	Cred	Notes
BIO 136	4	Anatomy & Physiology II	BIOL 122/122L	4	
HPE 128	3	Introduction to Exercise Physiology	HPE 225	3	
HPE 130	2	Nutrition for Wellness	n/a	3	general elective
n/a*	3	Fine Arts transfer	n/a	3	recommend: ART 110, MUS 150, or THR 100
SPE 125	3	Fundamentals of Speech	COMM 101	2	
<b>Term Total:</b>	<b>15</b>		<b>Term Total:</b>	<b>15</b>	

This document to be used as a **guide** only.

\*LCCC students will need to request a variance signed by Department Chair substituting an LCCC required course for those required by Marywood.

For specific questions, contact the Office of Prior Learning Assessment at 570-348-6266 or [rudzinski@maryu.marywood.edu](mailto:rudzinski@maryu.marywood.edu)